

THE INTERSECTION OF EVIDENCE-BASED PRACTICE IN INTERDISCIPLINARY STROKE REHABILITATION

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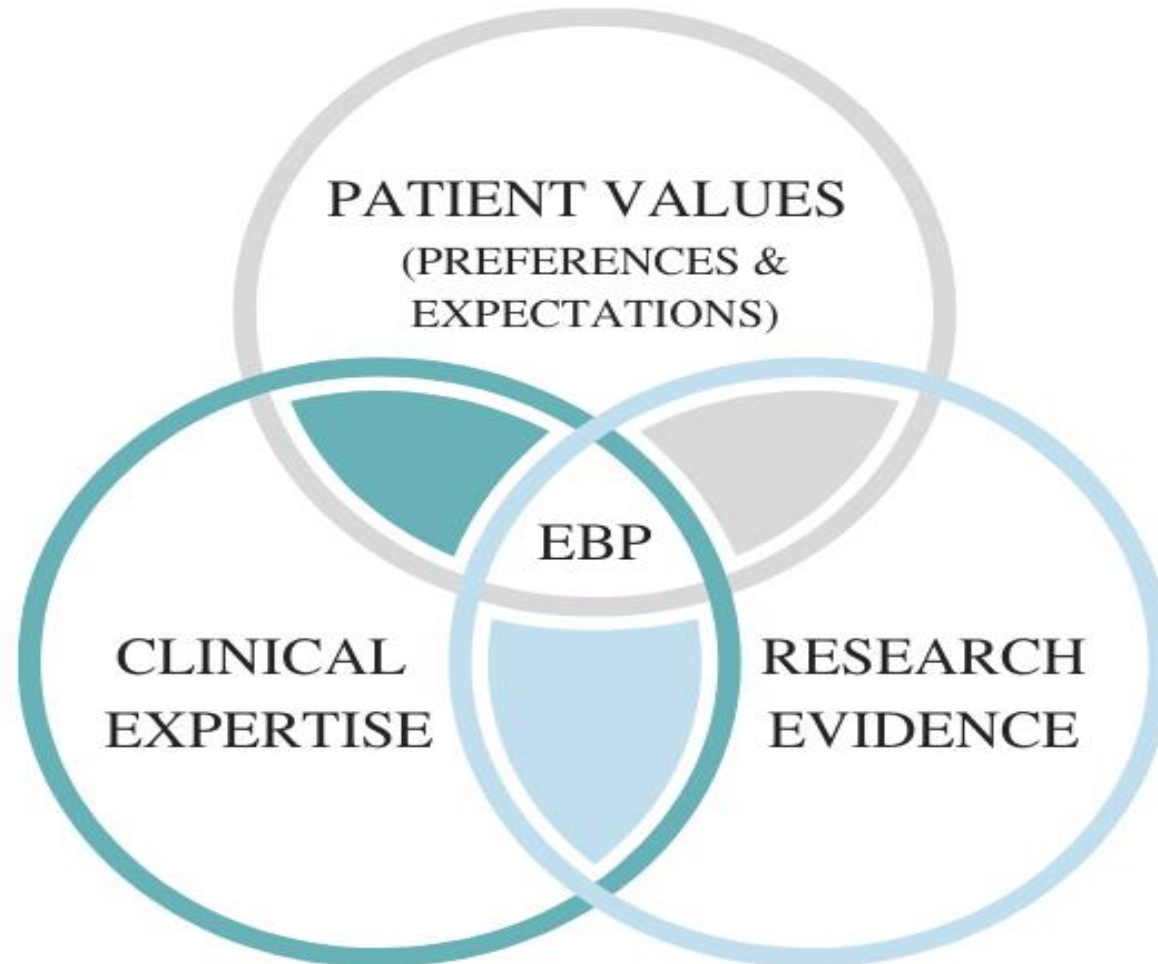
Rehabilitation Teaching and Research Unit

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EVIDENCE-BASED PRACTICE (EBP)



THE INTERSECTION OF EBP IN INTERDISCIPLINARY STROKE REHABILITATION

- Observation & focus group
- Qualitative description
- Thematic analysis
- Allied health/interdisciplinary
- Inpatient stroke rehabilitation

3 Themes

**The patient
as the driver**

**EBP as a fluid
process**

**EBP as a
collaborative
team process**

Patient-
centredness

“The patient part is the biggest, if the patient isn’t interested...”

The patient
as the
driver

Patient-
directed
goals

“It’s really about what the patient identifies as their concerns...”

Patient-
specific

“I think it depends on the patient, sometimes discussing the research...”

EBP as a
fluid
process

“The priorities of the
[hospital] matter...”

“The availability of materials
to make something
meaningful...”

“When I’m thinking
back to some goals
we tend to set...”

“As someone who
hasn’t worked in
stroke for that long...”

EBP as a
team
process

Patient-
clinician
collaboration

“...collaboration between
what the patient is wanting to
work on and goals that
the team identify...”

“The patient is saying
‘my goal is to walk’...”

“When you get stuck in
that rut... opens a
whole other world...”

Professional
collaboration

“They might learn more
about where these goals
are coming from...”

TAKE HOME MESSAGES

1. Complex and iterative process, depends on context
2. Patient values, preferences, and circumstances = primary drivers
3. Collaboration vital to successful EBP approach
4. Organisational support of all elements is necessary for successful EBP in stroke rehabilitation

Evidence-
based
practice

Patient-
centred
care

Patient
preferences,
circumstances,
values

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graph TD; A[Evidence-based practice] --> C((Patient preferences, circumstances, values)); B[Patient-centred care] --> C;
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WHAT'S NEXT?

Interviews with clinicians



- *Regulated health professional
- *Interprofessional team
- *Inpatient neurological rehabilitation (direct care)
- *1 day/week, within past 2 years

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