

Summer 2020

BAIL NEWS

The Burwood Academy of
Independent Living
Newsletter



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Greetings

Kia ora from the ever-expanding BAIL team.

Welcome to the Summer 2020 newsletter. This year has taken all of us by surprise and none of us could have anticipated how our lives and work would be interrupted by a global pandemic. COVID-19 certainly disrupted our work and this is the reason there was no Autumn newsletter. But we trust that this newsletter has been eagerly anticipated and you will find it informative and encouraging. As always, we'd love to hear any feedback you have and you can email us at admin@burwood.org.nz

Project Updates

Staying on Track

We are pleased to advise that we have received a grant of \$29,848 from the Health Research Council of New Zealand (HRC), specifically to develop a collaborative approach with Māori. We are grateful for this funding and the cultural focus it allows us to bring to this project. We have previously received \$10,000 funding from ANZSOC. *Staying on Track* is a peer-led telehealth research project looking to reduce secondary health complications in people with spinal cord injuries. We are about to begin the next phase of the project—recruitment.

Flourish

Due to COVID restrictions, we had to adapt our research and conduct initial interviews over Zoom rather than face-to-face. The analysis of these interviews has sparked two other projects. Project #1 - Involving disabled people in health-related policy development: Exploring what has worked, how and why in Ōtautahi/Christchurch. Project #2 - Flourishing together: including tāngata whaikaha in health policy development. The next face-to-face interactions with participants will now take place in 2021. Rachele and Cate are continuing to formalise the data analysis so they can share the overall findings with those involved and write an article for publication.

Peer Support Project

We have published a [report](#) evaluating peer support provided to people with newly acquired spinal cord injuries in New Zealand. This is part of BAIL's commitment to working alongside the NZ Spinal Trust and Spinal Support NZ to achieving sustainable funding for peer support services.

NZ Spinal Cord Impairment Action Plan Evaluation

In August, ACC published the [NZ Spinal Cord Impairment Action Plan Evaluation](#) authored by our team. Rachele also created a series of videos providing a short summary of the assessment of each objective in the plan. We are promoting these videos through our social media channels and they are also available on our [website](#). You can access a copy of the NZSCI Action Plan [here](#).

Find Us Online...



Facebook: www.facebook.com/burwoodacademy

Twitter: [@Burwood_Academy](https://twitter.com/Burwood_Academy)

LinkedIn: <https://www.linkedin.com/company/burwood-academy-of-independent-living>

New faces at BAIL

Since our last newsletter, we've expanded the team significantly. It's great to have more people coming on board to expand the expertise and reach of BAIL's work. Thankfully we have also been able to secure a second room in the portacom, so we don't all have to squeeze into room 8.

TE AO MARAMA (JODI) APIATA

In his role with BAIL, Te Ao Marama is supporting our whanau to become more confident in what we know about Te Ao Māori so that we can freely engage in becoming culturally competent. A particular highlight in his work so far has been gaining more understanding of the diversity in the space of disability and being challenged about his own bias. He hopes that whanau Māori have opportunities to explore their Tino Rangatiratanga in the supportive space of BAIL.

JASJOT MAGGO

Jasjot has been a researcher for many years, and joined our team in August. She is involved in the Early vocational rehabilitation following neurological disability (EVocS study) research. She is with us until the end of this year.

JULIANNE JOHNS

Already known to many around the Burwood campus as a Speech-Language Therapist, Julianne brings an array of experience and expertise in language, communication, education and community. With particular interest in supporting patient voice, autonomy in health services and empowering people to flourish after loss or disablement, we are delighted to have her contributing to BAIL's work. She is assisting with research and communications.

CECILIA CLAVIJO

Cecilia joins the team replacing Kathy Duncan as administrator. She describes her current role at BAIL as 'the foundation that will support the team to focus fully on the vision'. Cecilia hopes she will be able to make use of her professional knowledge and expertise, as well as her holistic thinking, in spaces that apply strategies to maximize improvements in people's wellbeing and environment.

SHAR DAVIS

A trained journalist, Shar believes that everyone has a story to tell and she loves using various mediums for storytelling including public speaking, the written word, video and photography. She is impressed by the work that BAIL is doing and counts it a privilege to spread the word far and wide, extending the reach of the organisation and its influence.

Bicultural Responsibilities

In response to our desire to take our treaty partnership responsibilities seriously, and to make sure that BAIL is a culturally-appropriate space for Māori, Te Ao Marama Apiata was employed as Māori Adviser to BAIL. He has been working with the executive team, taking us on a journey focusing on understanding of tikanga and in particular mātuaranga Māori (traditional knowledge) and how it can be enacted within BAIL's processes and strategic direction. Cultural confidence is an important value for the team, and so the wider team will begin to engage with Te Ao Marama in the new year.

We are also pleased to announce that Network Waitangi Ōtautahi have agreed to be our organisational advisors in regards to the Treaty of Waitangi and our obligations, responsibilities and partnership opportunities.

Congratulations

BAIL Board Member Robyn Bisset

We want to extend our congratulations to BAIL board member, Robyn Bisset on being awarded The Queen's Service Medal for services to the community. This is well-deserved and we are so grateful to be on the receiving end of some of Robyn's hard work. Robyn travelled to Government House in Wellington for the Investiture ceremony last month. She is pictured here with her two daughters.



Chairperson's report

Kia ora koutou katoa BAIL friends,

With Summer coming and our environs heating up and new growth evident around us, this is an apt comparison with the season we are currently experiencing with BAIL. New opportunities for multi-year / multi-phase research initiatives are being realised by our BAIL team in partnership with other national research entities which sees potential for collective impact in progressing our fundamental purpose of independent living.



Furthermore, you know when you are blessed to attract high quality people to your team that your organisation is doing something meaningful and right. Recently we welcomed the genius of Cecilia Clavijo and Shar Davis to the BAIL team. Welcome Shar and Cecilia, great to have you amongst us and contributing to BAILs purpose of 'delivering research excellence and outcomes that improve the lives of people living with disability'.

At our last Board meeting Dr Jo Nunnerley shared with us her, and her teams, continued vision for what our current strategy will look like in the years ahead with further growth of BAILs impact through education, research and knowledge translation, always whilst keeping the end user and those living with a disability at the centre of this mahi and output. This update from Jo was encouraging for the Board and we collectively get in behind the BAIL team and thank them all sincerely for their collective effort and impact - things are hotting up! On that note I'll finish up, find a sunny spot and hope you can do likewise. As always we remain deeply grateful for your continued interest and support of the team and work of BAIL.

Nga mini nui, in appreciation, Arron Perriam.

Farewell Kathy

In October we farewelled Kathy Duncan after 3 1/2 years as BAIL's administrator. Kathy has been an integral part of the BAIL whānau and we will miss her enthusiasm, kind-heartedness and knowledge. Kathy left us to pursue her own business venture. Thankfully, Kathy will still remain connected to the work of BAIL through her involvement with Network Waitangi Ōtautahi.



BAIL staff engaging with students at ARA as they delivered the Independent Living paper.



Some of the team farewelling our intern Holly on her final day. Holly is in her final year of a Bachelor of Health Science degree at the University of Canterbury.

Board Members/ Trustees



Arron Perriam
(Chairperson)



Dr Rick Acland
(Deputy Chairperson)



Prof. Gary Hooper



Dr Rick Fright



Pauline Barnett



Robyn Bissett

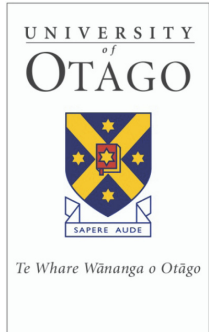


Len Brigden



Andrew Hall

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